

Llanfynydd 8 mile circular ride instructions.

If parking in the field, when you emerge onto the lane turn right towards The Crosskeys Inn and Church.

Turn right again at the T-junction by the church.

If parking in the lane opposite the RDA centre go up the hill from Grid ref **SJ 277 568** *
The RDA centre may let you park in their yard contact no 01352 770446

Grid ref SJ 277 568

Turn left at the cross road. (Do not turn left into Bryn Common Road.) * Continue for approx 1.8 miles and take the bridleway sign posted gravel track on the left. It becomes gated further on after the junction to Cae Grugog Farm. You will emerge onto a tarmac lane after passing Gwernto Farm and going through a field.

Grid ref SJ 254 549

When you come out onto the lane turn left and follow the road past Wern Ganol. There's a cattle grid gate to negotiate. Keep going to the next gate. At the next junction turn left shown as open access on the OS map. Further along take the gated bridlepath on your right. You should see High voltage cables/pylons overhead. This bridlepath takes you through woodland and down a steep track. It comes out near a large house on the right.

Grid ref SJ 264 540

Turn right over the bridge and follow the track keeping right at the next junction and left at the second junction. This should take you out onto a tarmac lane. Keep left and continue to the next T-junction. Turn Left.

Grid ref SJ 275 544

At the T-junction keep left again, than take the track to the left marked with a bridlepath sign (just before Glascoed). This will emerge near the Railway viaduct, a really impressive structure! Do not follow the immediate track on your left but take the path rising up just the other side of the viaduct. It passes Station house and is an old county road.

Grid ref SJ 278 553

At the end of this track turn right and travel the short distance to Trimley Hall, an old watch tower. Turn right. When you reach the main road between Frith and Llanfynydd, turn left towards Llanfynydd. If parking in the field retrace your way at the Inn. If you have parked in the lane near the RDA centre stay on the road taking care as you pass the Inn and shop (on left). The lane is just further along on the left.

Disclaimer

The contributing rider and NEWBA do not take liability for any changes of condition to the route described above.